

“DESERTED ISLAND”



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Imagine for a while that you have unexpectedly and alone landed on a DESERTED ISLAND.

That’s maybe fun for the first couple of hours, but you will soon find out that you need to use all of your STRENGTHS to survive till the passing ship (if any) will pick you up! To SAVE YOUR LIFE!!!



Make a list of 10 key strengths you have which would be most helpful in this situation... After you have listed them assign a priority to each of them.

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

Example: Creative thinking – 9

Now chose 5 of them with the highest values and list them below.

1.
2.
3.
4.
5.

Write 1-3 sentences to each of those strengths answering yourself this question 5 times (1 for each of your strengths):

HOW CAN I USE THIS STRENGTH IN MY DAILY LIFE and AT WORK, BUT MOST IMPORTANTLY IN MY JOURNEY TOWARDS MY LONGTERAM LIFE GOLAS & OBJECTIVES?

1.

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2.

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3.

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4.

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.....
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5.

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PUT A LIST OF YOUR 5 MAJOR STRENGTHS SOMEWHERE AT HOME (POST STICKER ON YOUR FRIDGE or YOUR BATHROOM MIRROR) and **BEING FULLY AWARE OF THEM NOW, USE THEM CONSCIOUSLY, MAXIMIZING YOUR CHANCES AND OPPORTUNITIES TO SUCCEED.**

GOOD LUCK!